



## **Distracted Driving**

Each day in the United States, over 8 people are killed and 1,161 injured in crashes that are reported to involve a distracted driver.

Distracted driving is driving while doing another activity that takes your attention away from driving. You are 3 times more likely to get into an accident when distracted driving by manipulating a mobile device

Precautions that are required to avoid distracted driving accidents:

1. Keep your eyes on the road. Make sure you see it all.
2. Keep your mind on driving. Don't use your phone. You are 3 times more likely to get into an accident when distracted driving by manipulating a mobile device.
3. Keep your hands on the wheel. Don't turn-on or adjust the radio.

Prevention of distracted driving accidents is what it's about, so Keep your eyes on the road, Keep your mind on driving and Keep your hands on the wheel.